



CATHOLIC PRIMARY SCHOOL

Executive Head Teacher: Gerida Montague MA
School Senior Lead: Eleanor Prince BA PGCE

4th July 2023

Dear Year 5 parents,

As part of our PSHE programme in Year 5 week later this term, the pupils will be learning to move with confidence from childhood through adolescence into adulthood.

At primary school level, sex and relationship education contributes to the foundation of PSHE and Citizenship by ensuring that children:

- develop confidence in talking, listening and thinking about feelings and relationships;
- are able to name parts of the body and describe how their bodies work;
- can protect themselves and ask for help and support;
- are prepared for puberty; and
- know the process of human reproduction.

There will be an opportunity for you to preview the Year 5 unit resources prior to the PSHE programme commencing week commencing 10th July. Please email info@OLSJshool.com if you would like receive copies and links to resources, or to arrange a discussion with your child's year 5 teacher.

With thanks for your continued support

Gerida Montague
Executive Headteacher