







Reasons to walk to school

HEALTHIER BODIES HAPPIER MINDS

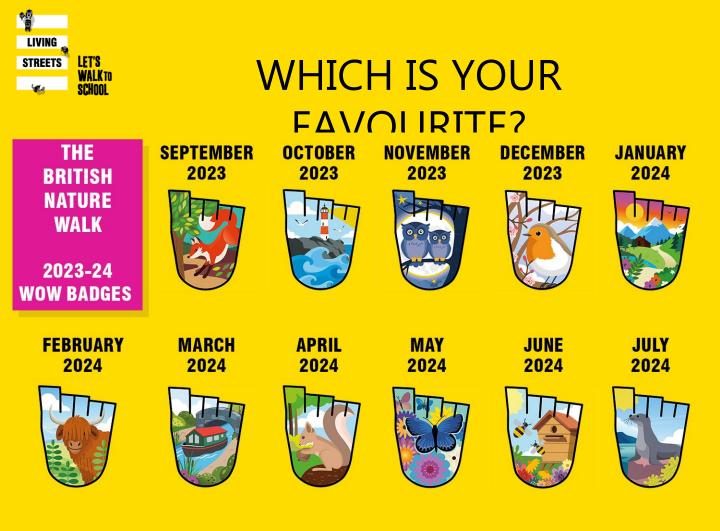














How to Earn a WOW Badge

1. Simply WALK to school at least once a week

(Cycling, Scooting, Wheeling or Park & Stride count too)

2. Record how you travelled to school each day on the Travel Tracker.









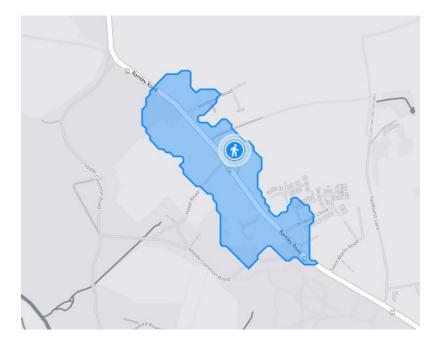
Park & Stride?

- We understand the walking is not always an option for some of our families. Do not worry a badge can still be earned!
- Park and Stride is where you park away from the school gates and carpark and walk only part of the journey.

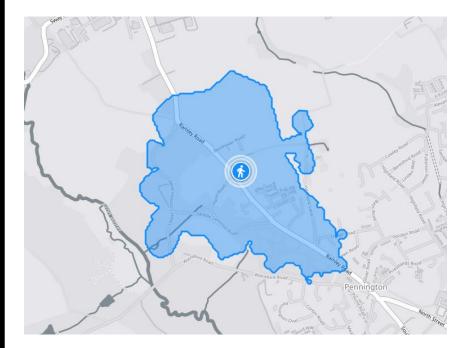
How long do you need to walk?

• Anything over a 5 min walk from the school counts as park and stride.

5 minutes walkable



10 minutes walkable



Park and Stride location 1 recommended

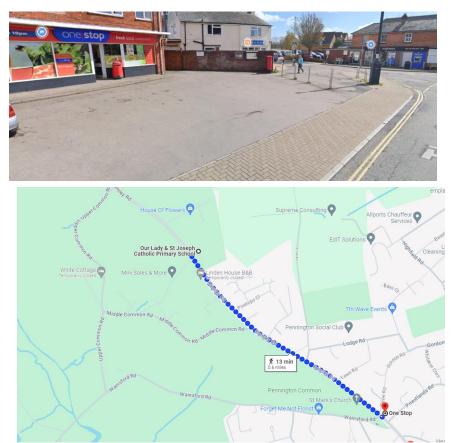




Park and Stride location 2



Park and Stride location 2

















YOU CAN FIND MORE USEFUL RESOURCES, VIDEO AND FAQS AT: www.livingstreets.org.uk/wowlaunch

LOG ON TO THE WOW TRAVEL TRACKER www.traveltracker.org.uk