





Paediatric First Aid

at Lymington Library

Saturday 18 and 25 February (must attend both sessions)

9:30am - 4:30pm

Certification and booklet available at a cost – to be discussed with the tutor.

Booking is essential, please visit <u>Learning in Libraries – Hampshire County Council</u> <u>Shop (hants.gov.uk)</u> to book your place.

If you have issues booking online, please contact branch staff or call 02392 232957







Course Information

| Course Title: Paediatric First Aid | Tutor: Roy Bayntun |
|--------------------------------------|----------------------------|
| Cost: Course FREE | Length of Course: 12 hours |
| Certificate Fee to include a booklet | |

Aims of The Course: This is a course aimed at people with little or no first aid knowledge regarding children and babies. It is a practical Paediatric first aid program that will give the learner skills to be able to respond to everyday first aid emergencies, in the home and in the community. On completion of the course an Ofqual accredited PFA certificate can be issued which is valid for 3 years.

This is an instructor led, interactive and engaging session, this course teaches a wide range of medical and emergency conditions including how to deliver CPR, use a defibrillator, bleeding control, choking, spinal and head injuries, chronic conditions, burns, poisoning and anaphylaxis.

Learning Goals: (by the end of the course you will be able to...)

- Describe the role of a Paediatric First Aider
- Assess a wide range of emergencies and know what to do for each
- Deliver CPR (Cardiopulmonary Resuscitation)
- Describe how to use a defibrillator.
- Describe how to manage a patient who is having a seizure or fit.
- Treat minor and serious bleeding and burns.
- Identify and treat a range of medical conditions such as meningitis, diabetes, asthma, hypothermia and poisoning.
- Identify symptoms of sepsis and anaphylaxis and know how to use an EpiPen
- Describe how to treat bites, stings, splinters and objects in the nose and eye.

About the Course

Who is this course for: Anyone who wants to know what to do if a baby or child becomes unwell and emergency care is needed. Babies under 6 months old are welcome.

Previous Knowledge or Experience: This practical based course is suitable for both complete novices as well as those wishing to refresh their skills. Everyone is very welcome

How will I learn: Through tutor demonstrations, individual and whole group practical activities

How will I be assessed: Through practical activities and demonstrations and a short MCQ exam.

Next Steps: First Aid at Work

This course, funded by Hampshire Learns is aimed at Hampshire residents aged 19+ Attendance is expected at each session to ensure that you get the most out of your learning experience and to minimise disruption for other learners. Please advise the venue/tutor of any absence you may have.

