

# Lymington Lifeboat 10K & Children's Fun Runs

Sunday 12<sup>th</sup> May 2024 : 10.00am

Woodside Park, Ridgeway Lane, Lymington, SO41 8FP



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10K - £15 - Minimum age 15 years  
Fun Runs: £5 - ages 5 – 15 years  
Free Participation Event (up to 5 years age)



**Trophies and prizes for category winners in all races.  
All finishers will receive a medal**

**1<sup>st</sup> 10K Man and Woman receive a Voucher for 2 for a Wellbeing Spa Day at Senspa, at Careys Manor**



**ONLINE ENTRY ONLY  
DEADLINE - noon 8 May 2024 No postal entries**

Register at <https://www.frsystems.co.uk/lymington-10k/>

Event hotline: 01782 384 169 or email: [lymington10k@frsystems.co.uk](mailto:lymington10k@frsystems.co.uk)

**A voucher for the Iconic Luxury Hotel, Chewton Glen, for an amazing experience goes to the runner raising the highest sponsorship for their participation.**

**ALL MONIES RAISED WILL BENEFIT LYMINGTON LIFEBOAT**